

Unemployment Picture for Older Workers Changes Little

Jobless Data for the 50+ is Mostly Mixed

(CLEVELAND) — According to the Bureau of Labor Statistics ([BLS](#)), **March** unemployment inched up to 4.2 percent from February's 4.1 percent despite the nation adding 228,000 new jobs. Data for older workers was mixed.

The number of unemployed workers fell for the 50-54 age group by two percent while those over age 55 saw their numbers rise three percent. Despite their raw numbers rising, the unemployment rate for over 55 group was unchanged at 2.9 percent. The unemployment rate for the 50-54 age group dipped to 3.1 percent from 3.2 percent in February.

Overall, the number of unemployed over age 50 fell by one percent to 1.65 million. Also, the Laborforce Participation Rate edged up to 62.5 percent from 62.4 percent in February.

Three times each week at www.nifty50s.com, the Nifty50s publishes advice, news, information and resources all focused on helping the age 50+ job seeker. From self-help and how-to articles, to videos and trends as well as tips & tricks and a new resource of listings of free job search tools, the Nifty50s compiles together in one convenient location items carefully selected to assist the 1.65 million* unemployed over the age of 50. The Nifty50s is owned and operated by 158 LLC, a private, limited liability company based in Cleveland, Ohio.

* All figures according to the March, 2025 Bureau of Labor Statistics' most recent data.